



MISSION STATEMENT

Rocking The Road For A Cure, Inc. is a nonprofit 501(c)(3) grassroots organization.

Our mission is to restore the strength, confidence, and physical and emotional well-being of patients coping with the challenges of breast cancer.

We proudly offer free in-home health and wellness services, provided by licensed professionals, to patients undergoing breast cancer treatment in Queens and Long Island, New York.



MAILING ADDRESS:

Rocking The Road For A Cure, Inc.

P.O. Box 404

Little Neck, NY 11363

GENERAL INFORMATION:

516-417-1911

DIRECT SERVICES:

718-279-9366



WEBSITE: <https://rockingtheroadforcure.org>

EMAIL: rockingtheroadforcure@gmail.com



rockingtheroadforcure.org

**FREE in-home health & wellness services
by licensed professionals for breast cancer
patients in Queens and Long Island, NY**



Rocking The Road For A Cure is a diverse network of compassionate volunteers and professionally licensed and certified specialists who understand the overwhelming challenges that come with a breast cancer diagnosis.

Our purpose is to help improve your quality of life by providing free services and expanding your support network during this transitional period.

We provide a full range of professional and licensed services, including medical case management and support, patient and family counseling, housekeeping, beauty consultations with free wigs, yoga, nutrition, acupuncture, massage, Reiki, virtual wellness programs, PPE care packages, post-operative bags, transportation to medical appointments, and additional referral services.

FOR SERVICES PLEASE CALL:
718-279-9366

Some services must be approved by a treating physician



CASE MANAGEMENT

At times, you may feel overwhelmed with the amount of medical information you are receiving and find it difficult to organize your medical care. Our case managers will assist you with coordinating your treatment.

BEAUTY CONSULTATION

Explore ways to enhance your beauty during treatment. Let a professional beauty consultant assist you in choosing a hair piece with the most flattering color and style for you.

HOUSEKEEPING

A clean home reduces allergens and germs that may trigger cold and flu-like symptoms. Our housekeeping service will help create a healthy home environment during your treatment stage.

MASSAGE

Studies have shown that massage therapy may reduce stress and anxiety, combat nausea, decrease pain, and improve immune functions, leading to better sleep and less fatigue for cancer patients undergoing treatment.

NUTRITION

Eating healthy, balanced meals is very important for your overall well-being. Try to eat 7 fruits and vegetables per day and drink 8 glasses of water. For a personal food regimen, we provide nutritional consultations.

YOGA

Yoga incorporates physical movement, imagery, breathing techniques, stretching, meditation, and relaxation. Preliminary case studies have indicated that many breast cancer patients reported that their symptoms improved while doing yoga.

REIKI

Many cancer patients have reported that Reiki helps them relax, improves pain management, and decreases side effects of treatment such as upset stomach and nausea.

MEDITATION

Meditation is believed to reduce stress, fatigue, and mood disturbance. It may also lower inflammatory marker measures, improve sleep, and alleviate menopausal symptoms in monitored cancer patients.