

Requirements for Donating Hair:

- Hair must be at least 8 inches.
- Can be cut at home or at a hair salon.
- Hair cannot be more than 5% gray.
- Hair may not be chemically treated in any way.
- It takes 8 pony tails donations to make one wig.
- To find out more go to this website:

www.pantene.com

About Emily & Samantha:

Over the past year Emily and Samantha have each worked on projects to help make a difference in the lives of others. Both attend St. Aidan's School in Williston Park. **Samantha** makes beautiful bracelets and sells them to raise money for Breast Cancer. **Emily** donated 8" of her hair through "Show You Care and Donate your Hair" Cadette Service Project at Studio Novelle in Carle Place. Hair donations went to the "Pantene Beautiful Lengths" program.

They both researched and collected this information to share with others to help make them aware of the impact these gestures can have on someones life. *Emily and Samantha are in Cadette Troop #1806 and are working towards earning their Girl Scout Silver Award.*



Emily Tretter after donating her hair.



Samantha DiMilia selling her handmade bracelets.

To find out more about hair loss/donating your hair and to print more of this brochure please visit: www.rockingtheroadforacure.org link: silverawardproject

A Guide to Donating Hair

By: **Emily Tretter and Samantha DiMilia**



Why Hair should be donated.

- Wigs made from human hair look more natural than synthetic wigs.
- So people don't feel self-conscious or different.
- People with hair loss would appreciate your donation. It makes a big difference in their life.
- A beautiful wig makes everyone smile.



Reasons for hair loss.

MEDICAL CONDITIONS:

Autoimmune Disease—an illness that occurs when the body tissues are attacked by its own immune system.

Lupus—the body's immune system becomes hyperactive and attacks normal healthy tissue including hair follicles.

Hashimoto's disease—is a condition in which an under active thyroid gland produces low levels of thyroid hormone (hypothyroidism). One symptom is hair loss or thinning.

Alopecia areata—a type of hair loss that occurs when the immune system mistakenly attacks hair follicles and disrupts normal hair formation.



How Does Chemotherapy Affect Hair?

- Chemotherapy drugs attack rapidly growing cancer cells.
- It disables the hair to stop growing by attacking hair roots.
- Causes hair loss all over the body, not just the scalp.
- Hair may start falling out 3 weeks after treatment begins.
- Fortunately, hair begins to grow back after treatment ends.
- Different doses of these drugs may cause thinning or complete baldness.
- Treats cancer throughout the body.
- The cost of a wig may be covered by insurance.